Ek Bharat Shreshtha Bharat Club of Kanchi Mamunivar Govt. Institute for Postgraduate Studies and Research, Puducherry organized **Webinar on Covid 19 and Herbal Remedies: A Discussion** on 21/6/2020. Dr. V. Mangalmbigai, MD (Siddha) from Chennai was the resource person. One hundred and twenty five participants registered for the Webinar from more than 20 Colleges all over India. Some of the Colleges other than host Institution include Bharathidasan Government College for Women, Indira Gandhi College of Arts and Science, Perunthalaivar Kamarajar Arts College, Women’s Polytechnic College, Pope John Paul II College of Education from Puducherry, Annamalai University, Chidambaram, SRM Institute, Chennai, Bishop Moore College, Mavelikara, DR.APJ ABDUL KALAM Govt. College Silvassa, St Mary's, Sulthan Bathery, Marian College Kuttikkanam and Mahatma Gandhi College Iritty.

**Dr. M. Sangararadje, Director, KMGIPSR** delivered the presidential address and **Dr. Alamelu Mangai, State Coordinator, EBSB** delivered the Key note address. The Resource person Dr. V. Mangalmbigai, MD (Siddha) from Chennai explained the use of Siddha medicine and herbs for developing immunity against Corona Virus and the measures that the Govt. is taking for prevention and of the disease. At the end of the session participant’s queries were answered by the resource person. **Dr. Kumaresan V., Organizing Secretary** and Nodal Officer gave the vote of thanks. **Ms A. Manjula, Student Coordinator and Ms. A. Sivasangary**, Student member coordinated the programme. Feedbacks were received from the participants and e-certificates were sent through mail.
KANCHI MAMUNIVAR GOVT. INSTITUTE FOR POSTGRADUATE STUDIES AND RESEARCH (AUTONOMOUS) PUDUCHERRY

Ek Bharat Shreshtha Bharat Club Invites you to join for Webinar

Chief Patrons:
Dr. S. MOHANDOSS
Member Secretary, PSHEC
RUSA, Puducherry

Dr. M. SANGARARADJE
Director, KMGIPSR, Puducherry

Convenor: Dr. S. Alamelu Mangai
EBSB, State Coordinator

Webinar on COVID 19 AND HERBAL REMEDIES: A DISCUSSION

on 21 June, 2020; 4.00 p.m. - 5.00 p.m.

Resource Person
Dr. V. Mangalambigai, MD (Siddha), Siddha Consultant, Sri Shesha Sai Herbals, Chennai

Registration free
To register click here: https://forms.gle/wR6qM2Tko5t6uyMb7

E-Certificates will be issued to the participants
Organizing Secretary: Dr. Kumaresan V., Nodal Officer, KMGIPSR
Contact: Email - ebsbclubkmgipgsr2019@gmail.com
Mobile: 9443461708

Student Coordinator: Ms. A. Manjula, I M.Sc. Statistics
Session will be conducted through Google Meet
Webinar Screenshots

Presidential Address by Dr. M. Sangaradje, Director, KMGIPSR
COVID 19 AND HERBAL REMEDIES

Presented by
Dr.V.Mangalambigai MD (SIDDHA),
Reg No: 4584
Siddha Consultant,
Sri Sesha Sai Herbals,
Poonamallee,
Chennai.

MODEL DIET FOR COVID-19

Sanjana pavithran
Siva Kumar
Suchetha Daniel
Surey Surendiran
suvedha suvedha
HERBAL TEA:
Zingiber officinale (Ginger): 100 gm.
Glycyrrhiza glabra (Licorice): 100 gm.
Curcuma longa (Turmeric): 100 gm.
Terminalia chebula (Black myrobalan): 100 gm.
Piper longum (Long pepper): 100 gm.
Piper nigrum (Black pepper): 100 gm.
Syzygium aromaticum (Clove): 100 gm.
Trachyspermum ammi (Ajwain): 100 gm.
Alpinia officinarum (Lesser galangal): 100 gm.